



# Bendeez<sup>TM</sup>

*"Bend With Ease"*

*Bendeez is a Phyto-Pharmaceutical formulation of marker molecule standardized herbal extracts which gives all round Anti-Inflammatory effect in Rheumatoid Arthritis, Osteo-arthritis & Gouty Arthritis.*

Key points on contents :

## 1. *Boswellia serrata* extract - 300 mg

(Standardized to Boswellic Acids -60%)

- ❖ Inhibits inflammatory enzymes like 5-Lipoxygenase
- ❖ Inhibits TNF $\alpha$  (Tumor Necrosis Factor) & Interleukin - 1



*Sallaki*

## 2. *Curcuma longa* extract - 100 mg

(Standardized to Curcuminoids -20%)

- ❖ Free radical scavenging activity by inhibiting enzyme hyaluronidase (To slow the degradation of Hyaluronic acid in Synovial fluid)
- ❖ Suppression of NF $\kappa$ B to repair tissue



*Haldi*

## 3. *Zingiber officinale* extract - 50 mg

(Standardized to Gingerol -5%)

- ❖ Inhibitor of Prostaglandins & Leukotrienes
- ❖ Phospholipid Peroxidation Inhibitory Action due to Gingerol



*Shunthi*

## 4. *Moringa oleifera* extract - 100 mg

(Standardized to Alkaloids -2%)

- ❖ Slows the Oxidative stress due to its Anti-oxidant activity
- ❖ Rich in Vitamins, Mineral & AminoAcids



*Shigru*

## **Actions of Bendeez Tablet :**

- ❖ A good pain killer in long run
- ❖ As co-therapy in chronic conditions where NSAIDs or cortico-steroids are being used, to prevent liver & tissue damage
- ❖ For regular use in persisting Osteo-arthritis leading to age related loss of muscle mass & atrophy causing difficulty in walking
- ❖ In patients of Sciatica, to bring down agony of continuous pain
- ❖ In cases of cervical Spondylitis & Lower back pain
- ❖ As an Anti-Oxidant, prevents further damage to cartilages & peripheral tissues.

### **References :**

1. Clinical evaluation of a formulation containing Curcuma longa and Boswellia serrata extracts in the management of knee osteoarthritis, Reji Kizhakkedath et al.
2. Ayurvedic medicine offers a good alternative to glucosamine and celecoxib in the treatment of symptomatic knee osteoarthritis: a randomized, double-blind, controlled equivalence drug trial , Arvind Chopra et al.
3. Clinical evaluation of Boswellia serrata (Shallaki) resin in the management of Sandhivata (osteoarthritis) P. K. Gupta et al.
4. A 32-Week Randomized, Placebo-Controlled Clinical Evaluation of RA-11, an Ayurvedic Drug, on Osteoarthritis of the Knees , Arvind Chopra et al.
5. Efficacy and tolerability of Boswellia serrata extract in treatment of osteoarthritis of knee - A randomized double blind placebo controlled trial N. Kimmatkar et al.
6. Treatment of osteoarthritis with a herbomineral formulation: a double-blind, placebo-controlled, cross-over study , R.R. Kulkarni et al.
7. A complex of three natural anti-inflammatory agents provides relief of osteoarthritis pain, Conrozier T et al.
8. Safety and efficacy of Curcuma longa extract in the treatment of painful knee osteoarthritis: a randomized placebo-controlled trial, K. Madhu et al.
9. A Randomized Controlled Exploratory Evaluation of Standardized Ayurvedic Formulations in Symptomatic Osteoarthritis Knees: A Government of India NMITLI Project, Arvind Chopra et al.
10. Effects of a Ginger Extract on Knee Pain in Patients With Osteoarthritis, R. D. Altman et al.
11. Nutritional Value of Moringa oleifera

**Dosage : 1 tablet twice after meals  
Or as directed by physician.**