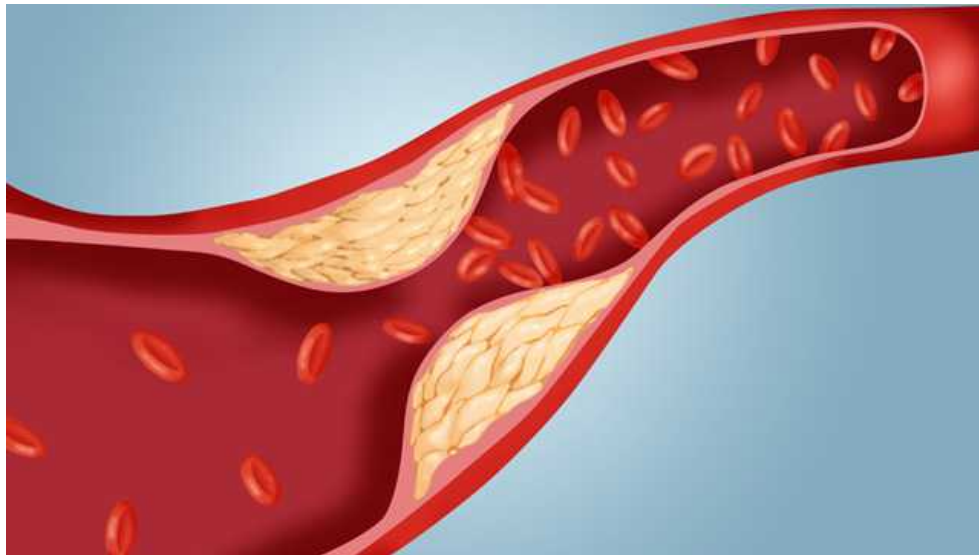


Cholecon - PlusTM



Cholecon - Plus : Is a unique & rare combination of standardized oils & extracts which not only helps in reducing Bad Cholesterol (LDL, VLDL) but also enhances Good Cholesterol (HDL). Its long term use controls lipid levels in the body & also partially helps in regulating sugar metabolism & reducing hypertension

Key points on contents :

***Linum usitatissimum* oil - 600 mg**

- ❖ Richest sources of Omega-3-Fatty acids
- ❖ It helps in Increasing HDL levels & decreases LDL , triglycerides levels

***Commiphora mukul* extract - 100 mg (Standardized to 2% - Guggulsterones)**

- ❖ Shows very good Hypolipidemic activity

***Trigonella foenum-graecum* oil - 10 mg**

- ❖ Partially helps in improving lipid & sugar metabolism



Flaxseed



Guggul



Methi

***Cinnamomum zeylanicum* oil -5 mg**

- ❖ Helps in reducing oxidative stress & also improves cholesterol levels



Dalchini

***Allium sativum* oil -5 mg**

- ❖ Regulates lipid levels & partially controls blood pressure



Garlic

References :

1. Flaxseed oil intake reduces serum small dense low-density lipoprotein concentrations in Japanese men: a randomized, double blind, crossover study, Yuka Kawakami, et al.
2. Dietary Flaxseed Independently Lowers Circulating Cholesterol and Lowers It beyond the Effects of Cholesterol-Lowering Medications alone in Patients with Peripheral Artery Disease, Andrea L Edel, et al.
3. Effect of Flaxseed on Blood Lipid Level in Hyperlipidemic Patients, Maryam Torkan, et al.
4. Effects of flaxseed consumption on systemic inflammation and serum lipid profile in hemodialysis patients with lipid abnormalities, Khalatbari Soltani S, et al.
5. Hypolipidemic & Anti-Oxidant effects of Commiphora mukul as an adjunct to dietary therapy in patients with Hypercholesterolemia, Ram singh, et al.
6. Effect of fenugreek seeds on blood glucose and lipid profiles in type 2 diabetic patients, Kassaian N, et al.
7. Reduction of blood lipid parameters by a 12-week supplementation of aged black garlic: A randomized controlled trial, Eun-Soo Jung M.S, et al.
8. Lipid-lowering effect of monascus garlic fermented extract (MGFE) in hyperlipidemic subjects, Sumioka I, et al.
9. Cinnamon may have therapeutic benefits on lipid profile, liver enzymes, insulin resistance, and high-sensitivity C-reactive protein in non alcoholic fatty liver disease patients, Faezeh Askari, et al.

**Dosage : 1 capsule twice after meals
Or as directed by physician**