

Eez-30™

“Ease All Days”

Eez - 30 - Is a Phyto-Pharmaceutical formulation with marker molecule standardized herbal extracts, which is a complete solution for Prementstrual Problems like.....

Bloating

Mastalgia

Hormonal Irregularity

Dysmenorrhea



Amenorrhea

Hirsutism

Hyperandrogenism

Hyperprolactinaemia

Poly Cystic Ovarian Syndrome

Key points on contents :

- 1. *Vitex agnus castus* extract - 100 mg
(Standardized to 6% - Agnosides)**
 - Lowers Prolactin levels in Hyperprolactinaemia
 - Improves Menstrual Regularity
 - Treats Infertility
- 2. *Zingiber officinale* extract - 50 mg
(Standardized to 5% - Gingerol)**
 - Reduces pain of Dysmenorrhea
- 3. *Trigonella foenum-graecum* extract - 100 mg
(Standardized to 20% - Saponins)**
 - Improves Sugar Metabolism
 - Natural Hormone Regulator



Nirgundi



Shunthi



Methi

4. ***Trachypermum ammi* extract - 10 mg**

- The extract is standardized to optimum level of
 - a) Volatile Oils : Thymol, Cymene & Terpiene
 - b) Fixed fatty oils : Petroselinic acid, Oleic acid & Linoleic acid
- Acts as Analgesic, Anti-spasmodic & Anti-inflammatory to relieve from Premenstrual Cramps
- Acts as Anti-hypertensive & Hypolipidemic drug



Ajwain

5. **Hira Kasis bhasma - 50 mg** **(Standardized to Elemental Iron -30%)**

- Regulates iron level to inhibit Excessive tiredness, Decreased immunity & Decreased work performance

References :

1. Herbal medicine for the management of polycystic ovary syndrome (PCOS) and associated oligo/amenorrhoea and hyperandrogenism; a review of the laboratory evidence for effects with corroborative clinical findings. Susan Arentz, et al.
2. Efficacy and Safety of Vitex agnus-castus Extract for Treatment of Premenstrual Syndrome in Japanese Patients: A Prospective, Open-label Study. Mikio Momoeda, et al.
3. Comparison of fructus agni casti and flurbiprofen in the treatment of cyclic mastalgia in premenopausal women. Tolga Dinc, et al.
4. Vitex agnus-castus Extracts for Female Reproductive Disorders: A Systematic Review of Clinical Trials. M. Diana van Die, et al.
5. Dose-dependent efficacy of the Vitex agnus castus extract Ze 440 in patients suffering from premenstrual syndrome. Ruediger Schellenberg, et al.
6. Use of Vitex agnus-castus in migrainous women with premenstrual syndrome: an open label clinical observation. Ambrosini A, et al.
7. The effect of mefenamic acid and ginger on pain relief in primary dysmenorrhea: a randomized clinical trial. Shirvani MA, et al.
8. The effect of ginger for relieving of primary dysmenorrhoea. Jenabi E, et al.
9. Effect of fenugreek (Trigonella foenum-graecum L.) intake on glycemia: a meta-analysis of clinical trials. Nithya Neelakantan, et al.
10. Anti Obesity Effect of Caraway Extract on Overweight and Obese Women: A Randomized, Triple-Blind, Placebo-Controlled Clinical Trial. Mahnaz Kazemipoor, et al.

Dosage : 1 tablet twice after meals
Or as directed by physician