



ReThin™

“Round the clock action on obesity”

ReThin - A Multi-Action Therapy For Obesity & Mitigating All The Further Complications Associated With Obesity, With A Formulation of Active Marker Molecule Standardized Herbal Extracts

Key points on contents :

***Coleus forskohlii* extract - 50 mg
(Standardized to 10% - Forskolin)**

- ❖ Increases Utilization of the body fat
- ❖ Increases Basal Metabolic Rate
- ❖ Regulates Body's Thermogenic response to food digestion
- ❖ Increases lean tissue mass
- ❖ Enhances Lipolysis leading to Fat Loss without Muscle Mass Loss



Makandi

***Garcinia cambogia* extract - 425 mg
(Standardized to 40 % - Hydroxycitric Acid)**

- ❖ Reduces Cholesterol & Fatty Acid Synthesis
- ❖ Reduces Fatty Acid formation in Liver
- ❖ Acts as a Potential Appetite Suppressant



Malabar Tamarind

***Cyperus rotundus* extract - 100 mg
(Standardized to 0.5% - Alkaloids)**

- ❖ Regulates digestive functions
- ❖ Prevents weight gain after discontinuation of therapy
- ❖ Helps in weight management for post bariatric patients



Nagarmotha

***Piper nigrum* extract - 10 mg
(Standardized to 20 % - Piperine)**

- ❖ 'Piperine' has proven to be potent Bioavailability Enhancer for many drugs.
- ❖ 'Piperine' inhibits cell pump responsible for Drug Elimination from cells
- ❖ Delays the First Pass Elimination of Drugs
- ❖ Increase transport of drugs across cell membranes



Kali Mirch

References :

1. Body Composition and Hormonal Adaptations Associated with Forskolin Consumption in Overweight and Obese Men. Michael P. Godard, et al.
2. A *Coleus forskohlii* extract improves body composition in healthy volunteers: An open-label trial. Seika Kamohara , et al.
3. Investigations of botanicals on food intake, satiety, weight loss, and oxidative stress: A study protocol of a double-blind, placebo-controlled, crossover study. Stephen D., et al.
4. Effects of *Garcinia cambogia* (Hydroxycitric Acid) on Visceral Fat Accumulation: A Double-Blind, Randomized, Placebo-Controlled Trial. Kohsuke Hayamizu, et al.
5. Efficacy of a novel, natural extract of (-)-hydroxycitric acid (HCA-SX) and a combination of HCA-SX, niacinbound chromium and *Gymnema sylvestre* extract in weight management in human volunteers: A pilot study. Harry G. Preuss, et al.
6. Effect of some medicinal plant preparations of adipose tissue metabolism, bambhole et al.
7. Review on *Cyperus rotundus* -A Potential Herb. AK Meena, et al.
8. Bioavailability enhancers of herbal origin: An overview. Kritika Kesarwani, et al.

**Dosage : 1 tablet thrice before 1 hour of meals
Or as directed by physician**